



# National Access Program Out-of-Area Dependent Students

## What is the National Access Program?

When a qualifying member who lives outside of Friday Health Plans primary service area needs medical services, the National Access Program allows limited and specific access to care that is paid as in-network services. Pre-authorization is required for all hospital admissions, outpatient surgeries and procedures, physical therapy, MRIs and CT scans. Additional services may require pre-authorization as outlined in member benefit materials. Please call Friday Health Plans for the specific parameters.

## Who is Eligible for National Access?

The National Access Program is available to Dependent Students who live outside of Friday Health Plans primary service area and are full-time students at an accredited college or university.

**\*Exception:** If the student is living in a state where Friday Health Plans operates, but it is not the same state as where their plan was issued, their membership will be transferred to the state they are attending school and remain within the Friday network.

## How to use the National Access Program?

1. Register for the National Access Program
2. Identify your local Network and Find Covered Medical Providers
3. Discuss Coverage with your Provider
4. Relax

### 1. Register for the National Access Program

First, Students will need to complete the National Access Registration Form and submit it to Friday Health Plans. This must be completed annually. Once enrolled, you will receive your National Access ID Card.

### 2. Identify your local Network and Find Covered Medical Providers

Before using your coverage, you will need to Identify the local Network provided through National Access and find Medical Providers within that Network.

- Go to <http://www.MyZelis.com>
  - Please read the disclaimer then accept the Terms and Conditions to continue.
- Select “Access code/Group ID/PIN” enter “Natacc700” in the required field and select the state in which you are seeking a Provider. Click “Go To Directory” to continue.



WHAT TYPE OF ID DO YOU HAVE?

Member ID

Access code/Group ID/PIN

Natacc700

California

GO TO DIRECTORY

Enter the State in which you are seeking a Provider.

California will be our out-of-area State for this example.

[Click here to search the Stratosse family of networks](#)

- The following page will show the Local Network for your state and allow you to search for Physicians &/or Facilities by Location, Specialty, or Name. Enter your search criteria and click “Search” to display your results.

- The results will be returned immediately based on your search criteria.

**\*If you are unable to find a Network Provider, call Zelis at (888) 621-7900**

**Business hours are 8:00 am to 5:00 pm MST**

### 3. Discuss Coverage with your Provider

National Access Participants will be issued 2 ID cards and a medical office will typically ask to see both, so it’s important to know how to discuss this coverage with your Medical Provider. When asked about your insurance provider, the local Network for your state will be the correct response.

- I. **National Access Card:** Indicates the Network for the state you are living in.
- II. **Friday ID Card:** Indicates your Eligibility, Co-Pay, and Claims-Paying Office.

**\*Example:** In California, you would tell the providers office that your coverage is through Health First and provide them with both ID cards. Any services provided will be treated as “in-network” according to your subscribed Friday Health Plans benefits.

### 4. Relax

Now that you’ve received treatment/services and the provider has the correct insurance information, it’s time to relax! Your claims will be processed by Friday Health Plans, and we’ll take care of your coverage from here!

**\*Special Note:** Before seeking non-emergency medical treatment, please check with Friday Health Plans and the Provider’s office to confirm that they are a Preferred Provider in the local area network through National Access Program.