MedMutual PROTECT™
A Medical Mutual® Company



Introducing MedMutual Protect SimpliCare

Receive access to unlimited, no-cost doctor consultations via phone or video chat, and you'll also enjoy discounts on dental exams, teeth cleanings, eye exams, frames, contact lenses and much more with the MedMutual Protect SimpliCare Plan.

This isn't insurance, so it can be used right away with unlimited usage. After signing up, members present their ID card at an appointment with a participating provider to immediately receive their discounts at the time of service. It's that easy!

For more information or to join:

MedMutualProtect.com/Individual

Member Only
$19.99/month*

Member & Family
$29.99/month*

**$20 One Time Application Fee*

Why choose the MedMutual Protect SimpliCare Plan?

Mental Wellness
Access safe, secure and private mental health assistance virtually from licensed mental health professionals

Telemedicine
Get around-the-clock access to doctors by phone or video chat anywhere in the U.S.

MedMutual Protect SimpliCare Products

Dental Care

Members may take advantage of savings offered by an industry leader in dental care. Careington International Corporation is one of the most recognized professional dental networks in the nation and boasts one of the largest dental networks nationally with a focus on neighborhood dentists. Careington networks are a leader in member-transparent pricing with robust fee schedules.

Careington Dental Plan Features:

- Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns
- 20% savings on orthodontics including braces and retainers for children and adults
- 20% reduction on specialists' normal fees. Specialties include endodontics, oral surgery, pediatric dentistry, periodontics and prosthodontics where available
- Cosmetic dentistry such as bonding and veneers also included
- All dentists must meet highly selective credentialing standards based on education, background, license standing and other requirements
- Members may visit any participating dentist on the plan and change providers at any time

Telemedicine

DialCare Urgent Care is a part of the DialCare Physician Access product. It is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. You and your family have direct access to state-licensed and fully credentialed doctors, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more.

- Doctors are available 24 hours a day, 365 days a year, allowing you and your family convenient access to quality care from home, work or on the go.
- Simply follow the link you received in your email to complete your registration, download the DialCare mobile app or visit dialcare.com/verify. If you're having problems registering, you can call DialCare for assistance at (855) 335-2255. Once registered, you can log in online at member.dialcare.com

Vision Care

Members save 20% to 40% off the retail price of eyewear with the EyeMed Vision Care Access Plan D discount program through the Access network. Members are eligible for discounts on exams, eyeglasses and conventional contact lenses from more than 90,000 providers nationwide*.

**Provider locations are subject to change*

Hearing Care

Careington members have access to hearing aid discounts from 30% to 60% at more than 7,000 network providers nationwide. The latest in hearing aid technology by name brand manufacturers is available.

Satisfaction guarantee: Members have a 45-day, no-obligation trial period on products purchased. If not completely satisfied, the member's money will be refunded (less applicable professional service fees).

Prescriptions

Members will save between 15% to 80% on generic drugs and 15% to 25% on brand name drugs at over 60,000 participating pharmacies nationwide including Safeway, CVS, Walgreens and Rite Aid.

Mental Wellness

DialCare Mental Wellness is a program designed to provide safe, secure and private means of seeking mental health assistance from licensed mental health professionals via virtual or telephonic counseling sessions.

DialCare Mental Wellness mental health professionals can assist members with conditions such as depression, anxiety, grief, relationship problems and more*.

**A consult fee of $40.00 applies to all consults.*

THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at MedMutualProtect.com/Individual. A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund, less a nominal processing fee (nominal fee for MD residents is $5, AR residents will be refunded the processing fee). Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380. This plan is not available in Vermont or Washington.